

School Visit Information

Guru Nanak Gurdwara Luton

2A Dallow Road | Luton | LU1 1LY

Educational Visits to Guru Nanak Gurdwara Luton

We're delighted to offer schools and organisations the opportunity to explore the Gurdwara and learn about the Sikh faith in a friendly, respectful, and engaging environment. Our educational visits are designed to inspire curiosity, promote understanding, and provide a memorable experience for all who attend. If you're interested in arranging a visit, please complete the attached form and email it to gngluton.education@gmail.com.



Tour Overview

- Visits typically last **half a day**, with a recommended arrival time of **10:30am**.
- Activities may include:
 - A **guided tour** of the Gurdwara
 - **Interactive worksheets**
 - A **short video presentation** in our lecture theatre
 - **Light refreshments** for children
- We're happy to tailor the visit to suit your schedule—morning or afternoon sessions are available.



Visitor Guidelines

- Upon arrival, please gather in the **reception area** to prepare for entry.
- **Modest attire** is required: legs must be fully covered (e.g., trousers or skirts with tights); short or long sleeve tops are acceptable.
- **Shoes must be removed** and placed in the racks provided.
- **Head coverings are mandatory** for all visitors. Suitable options include woolly scarves, shawls, bandanas, or handkerchiefs. Please avoid hoods, hats, or caps. We recommend arriving with head coverings already in place to avoid delays. A limited number of spare scarves are available, but bringing your own is preferred for hygiene reasons.
- **No outside food** is permitted. Adult bags must be free from alcohol and tobacco products.



Inside the Gurdwara

- The Gurdwara spans **three floors**:
 - **Main Darbar Hall** – 2nd Floor
 - **Langar Hall/Community Kitchen** – 1st Floor

- Upon entering the **Main Darbar Sahib**, Sikh visitors traditionally bow to the **Guru Granth Sahib Ji**, our living Guru. Non-Sikh guests are not required to bow but are kindly asked to show respect.
- All guests will be invited to **sit on the floor** for an informal talk about Sikhism, followed by a Q&A session.
- As you exit the hall, you'll be offered **Parshad**, a sweet made from wholewheat flour, clarified butter, and sugar. It is considered a blessing but is entirely optional.
- **Light refreshments** will be served in the Langar Hall.



Additional Information

- **Free on-site parking** is available.
- There is **no charge** for the visit. However, donations or contributions of **unopened vegetarian food items** (e.g., milk, sugar, fruit, butter) are appreciated.
- **Photography is welcome**, provided it is done respectfully.
- Please bring a **class set of pens or pencils** for children to complete activities during the visit.

If you have any questions or would like to discuss further arrangements, please don't hesitate to contact us. Kindly provide a contact number so we can finalize the details over the phone.

Alternatively, we are happy to visit your school to deliver a presentation on the basic principles of Sikhism. If this is of interest, please get in touch so we can arrange a suitable date.

We look forward to welcoming you to Guru Nanak Gurdwara Luton and sharing the values and traditions of the Sikh faith with your group. It's always a joy to open our doors to curious minds and kind hearts. Thank you for considering a visit—we hope to make it a truly memorable experience for all.

Below are contact details for the sevadaar (Volunteer):

S. Jasbir Singh

Vice president, Guru Nanak Gurdwara Luton & Sikh Faith Leader, Luton

Mob: **07957 687 902** Email: ja58ir@gmail.com

S. Deep Singh

Education Secretary, Guru Nanak Gurdwara Luton & Tabla Teacher

Mob: **07597 486591** Email: singhdeep.net@gmail.com

Paramjit Kaur

Punjabi/Sikhi Teacher, Guru Nanak Gurdwara Luton & Sikh Faith Leader, Luton

Mob: **07500 894 010** Email: pamiwaheguru@yahoo.co.uk

SCHOOL VISIT REQUEST FORM

Guru Nanak Gurdwara

2A Dallow Road, Luton, LU1 1LY

Name of School	
Address / Contact Detail	
Year Group	
Prefer Date and Time for the Visit	
Number of Student	
Number of Staff Member	
Group Leader Name	
Group Leader Job Title	
Group Leader Contact Number	
Group Leader Contact Email	
Any Special Need / Requirement	
Any Specific Topic to be cover during the visit	
Note	

Please email the completed form or information to gngluton.education@gmail.com.
The visit request will be confirmed within 10 working from the date of receipt.